



10th Postgraduate Course in IBD

DECEMBER 3–5, 2026

CAMPUS HOTEL HERTENSTEIN,
SWITZERLAND



In collaboration with **SGGSSG**

Dear Colleagues,

It is our great pleasure to invite you to the 10th Postgraduate Course in IBD. We look forward to welcoming you to Weggis for three inspiring days dedicated to education, exchange, and the latest developments in inflammatory bowel disease.

The course continues its tradition as an outstanding platform for discussing recent advances in IBD and future perspectives in patient care. The program once again offers a diverse range of formats: hands-on training in intestinal sonography and endoscopy on Thursday, therapy updates and state-of-the-art lectures on Friday, followed by interactive workshops and case-based discussions on Saturday.

Internationally renowned speakers and leading Swiss IBD experts will share their expertise and clinical experience, providing valuable insights for everyday practice. The course also offers ample opportunities for exchange, discussion of challenging cases, and learning from peers.

We look forward to spending three inspiring and truly instructive days with you.

Yours sincerely,



Prof. Dr. med. Dr. phil. Gerhard Rogler
University Hospital of Zürich



Prof. Dr. med. Stephan Vavricka
Zentrum für Gastroenterologie und Hepatologie Zürich



Prof. Dr. med. Luc Biedermann
University Hospital of Zürich



Prof. Dr. med. Petr Hruz
Clarunis – Universitäres Bauchzentrum Basel

PROGRAM

Thursday, December 3, 2026

14.30–15.00 **WELCOME COFFEE**

15.00–18.00 **ROTATIONAL HANDS-ON WORKSHOP**

Ultrasonography hands-on training in IBD patients

Pascal Frei, Torsten Kucharzik

SonoFun: Ultrasonography virtual learning

Luc Biedermann, Pascal Juillerat, Michel Maillard, Sophie Restellini

Dilatation in daily practice & clipping

Heiko Frühauf, Michael Manz

Advanced Decision Lab: Resection of IBD-associated lesions – self, center, or surgery?

Stephan Brand, Michaela Ramser

18.00 **INFORMAL WELCOME APÉRO**

19.30 **DINNER**

Friday, December 4, 2026

SESSION I FROM RESEARCH TO PRECISION MEDICINE & THERAPY

Chairs: Jan Niess, Nurulamin Noor

8.00–8.15 **Welcome & Opening: 10th Edition – 20 Years of PGC** Gerhard Rogler

8.15–8.35 **Omics under review** Florian Tran

8.35–8.55 **Monogenic IBD & VEoIBD** Holm Uhlig

8.55–9.15 **Pan-enteric assessment:
Future of mucosal healing?** Salvatore Oliva

SESSION II TREATMENT CONCEPTS

Chairs: Iris Dotan, Pierre Michetti

9.15–9.45	My ten best advice for treating IBD patients: an eminence-based perspective	Axel Dignass
9.45–10.15	Is STRIDE a realistic approach? Practical reality vs guideline reality	Sebastian Zeissig
10.15–10.45	Are steroids the evil enemy? Will top-down treatment for all IBD patients prevent steroid use?	Nurulamin Noor Gerhard Rogler

10.45–11.05 ELI LILLY SYMPOSIUM

11.05–11.20 TEA BREAK

SESSION III THERAPEUTIC MANAGEMENT: IL-23 STRATEGIES

Chairs: Bernhard Sauter, James Lindsay

11.20–11.50	Durability, safety and positioning across the IBD lifecycle: is there room for a second anti-IL-23 agent?	Iris Dotan
11.50–12.20	Dual cytokine blockade: combining IL-23 with TNF and TL1A – promise and pitfalls	Hans Herfarth

12.20–12.40 ABBVIE SYMPOSIUM

12.40–13.40 LUNCH

SESSION IV TREAT-TO-TARGET IN EOE

Chairs: Petr Hruz, Salvatore Oliva

13.40–13.55	EoE in 2026: Epidemiological insights, environmental and genetic risk factors, and Swiss EoE outpatient clinic outcomes	Luc Biedermann Alain Schoepfer
13.55–14.10	Emerging therapies for EoE: from bench to clinic in Europe	Arjan Bredenoord Thomas Greuter

SESSION V SURGICAL VERSUS MEDICAL THERAPY

Chairs: Stephan Brand, Hans Herfarth

14.10–14.30 **Appendectomy in UC: predictive for better anti-TNF response?** Michel Adamina

14.30–14.50 **Immune pathways and extraintestinal manifestations: what they teach us about IBD management** Hannah Gordon

14.50–15.10 **Modern IBD surgery in the era of registries and biologics: lessons from SWIBREG and beyond** Pär Myrelid

15.10–15.30 **JOHNSON & JOHNSON SYMPOSIUM**

15.30–15.50 **TEA BREAK**

SESSION VI GETTING THE BEST OF DRUGS: OPTIMISING BIOLOGICS

Chairs: Frank Seibold, Hannah Gordon

15.50–16.20 **Be sure, what you treat: Inflammation versus Fibrosis** Florian Rieder

16.20–16.50 **Do two ulcers in the ileum justify a change in therapy?** James Lindsay

SESSION VII 480 SECONDS UPDATE

Chairs: Stephan Vavricka, Michaela Ramser

16.50–17.00 **Explanation of concept** Stephan Vavricka

17.00–17.10 **Upper GI and small bowel evaluation in CD first manifestation: always mandatory?** Dominic Althaus

17.10–17.20 **Microbiome Therapies in IBD: What Works in Practice? Mediterranean Diet versus Modulen** Jan Niess

17.20–17.30 **Anastomotic ulcers: how to handle?** Christian Mottet

17.30–17.40 **Treating asymptomatic inflammation: necessary or not?** Samuel Truniger

17.40–17.50 **JAKs & pregnancy** Andrea Kreienbühl

17.50–18.00 **Which scores are mandatory in clinical practice** Christoph Matter

18.00–18.30 **FIRESIDE SESSION**

Between the lines – Books that have shaped us

Luc Biedermann, Pascal Frei, Pascal Juillerat, Gerhard Rogler, Stephan Vavricka

18.30 **APÉRO**

20.00 **DINNER**

Saturday, December 5, 2026

SESSION VIII GASTROENTEROLOGY TODAY

Chairs: Christian Mottet, Michael Manz

9.00–9.30 **Quality of IBD Care under TARDOC conditions** Alain Vonlaufen

9.30–12.10 **ROTATIONAL CASE-BASED WORKSHOP: HOW TO TREAT...?**

Recurring perianal disease: From guidelines to clinical practice

Michel Adamina, Emanuel Burri

EoE in daily practice: diagnosis, therapy, monitoring

Alain Schoepfer, Salvatore Oliva

10.40–11.00 **TEA BREAK**

Young patients in transition

Christiane Sokollik, Sophie Restellini

Dermatological manifestations in IBD

Antonios Kolios, Stephan Vavricka

12.10–12.30 **WRAP UP AND FAREWELL**

Pearls of the 10th PGC in IBD

Gerhard Rogler, Stephan Vavricka, Luc Biedermann, Petr Hruz

12.30 **FAREWELL LUNCH**

REGISTRATION

PARTICIPATION & FEES

3-Day Package | On-site Participation

IBDnet Member	CHF 800
Non-Member	CHF 900
Assistant Doctor	CHF 650

Fee includes:

- Access to the full scientific program
- Hotel accommodation and meals
- Access to recorded sessions

2-Day Package | On-site Participation

Dec 3–4	CHF 700
Dec 4–5	CHF 700

CREDITS

SGG 14
SGAIM 13 (Requested)

1-Day Virtual Participation

Dec 4	CHF 250
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Register at www.ibdnet.ch



Location

CAMPUS HOTEL HERTENSTEIN

Hertensteinstrasse 156, 6353 Weggis

HOW TO GET THERE

Train: From Zurich, approx. 1 h 45 min, via Rotkreuz to Weggis; from there, continue by local bus or taxi to the hotel.

Boat: From Lucerne to Hertenstein, with the stop right next to the Campus Hotel.

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CONTACT

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PD Dr. med. Michel Maillard

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Dr. med. Christoph Matter

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Prof. Dr. med. Frank Seibold

PD Dr. med. Christiane Sokollik

Dr. med. Samuel Truniger

Prof. Dr. med. Stephan Vavricka

Dr. med. Alain Vonlaufen

Prof. Dr. med. Sebastian Zeissig

International

Prof. PhD Arjan Bredenoord

Prof. Dr. med. Axel Dignass

Prof. Dr. med. Iris Dotan

Dr. med. Hannah Gordon

Dr. med. Hans Herfarth

Prof. Dr. med. Torsten Kucharzik

Prof. Dr. med. James Lindsay

Prof. Dr. med. Pär Myrelid

Dr. med. Nurulamin Noor

Dr. med. Salvatore Oliva

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Dr. med. Florian Tran

Prof. Dr. med. Holm Uhlig